

Secondary | Year 7+

Diversity Role Models Early Years Pack

Bonus Resource: Gender Transition



Overview

How To Use This Resource

This resource is an addition to a larger resource pack on [Gender Transition](#).

For further Role Model stories, discussion questions, challenge questions, suggested activities and challenge activities linked to this resource please follow [this link](#).



Petra's Story

Petra shares her story of realising late in life, at the age of 68, she is transgender. She shares her life's journey up to coming out as transgender and talks about the importance of accepting your true self.

This video discusses transgender identity.

Suggested Age

All materials should be reviewed by teaching staff to ensure they are appropriate and can be adapted to suit your class' needs.

Diversity Role Models recommend this resource for Year 7 and above.

Extension ideas:

LGBTQ+ identities are present in many of our online videos which are available from Diversity Role Models' [Vimeo On Demand](#).

Further lesson plans, form time activities and assemblies on challenging HBT bullying and language are available for free from [our website](#).

Suggested Questions

See page 4 for a worksheet featuring these questions.

Petra's Story

1. Who did Petra describe as her 'tribe' in school?

The girls not the boys - she said she never clicked with the boys.

2. What happened when Petra moved from infant school to junior school?

The girls pushed her out because she was seen as a boy.

3. What job did Petra train to do?

Electrical Engineer.

4. What happened to Petra when she turned 68?

She became ill, and this caused her to reevaluate her life.

5. What did Petra come to embrace about herself?

She was a transgender woman.

6. How long has Petra been 'out' for?

5 years.

7. What was Petra's final message?

You can be who you want to be; don't be held back by others; don't let people tell you how to be you; talk to and seek support from others.



Challenge Discussion Questions

Petra's Story

1. What pressures do you think Petra experienced which stopped her from embracing her true self much earlier in life?
2. What do you think helped Petra embrace her true self?
3. Petra talks about things being 'very different' when she was at school than they are today. Look at [this timeline](#) and list some of the changes for LGBTQ+ people from the 1950's to the present day.

Further questions and activities:

The theme of Gender Transition is covered in [this resource](#).

This resource features further challenge questions, activities, challenge activities and key vocabulary linked to this theme.





Petra's Story

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Contact Details

Get in touch

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