



# Diversity Role Models

Primary Role Model Stories

Video Resources Overview

EYFS, KS1, KS2



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## Who Is Diversity Role Models?

Diversity Role Models is a dynamic charity whose vision is a **world where everyone embraces diversity and can thrive**. Our mission is to promote understanding and acceptance of individual differences and end LGBTQ+ bullying in schools. We do this by harnessing the power of storytelling and delivering pioneering educational workshops for young people and adults.

## Our Role Model Video Resources

Our **Role Model** stories provide teachers with access to lived experiences from a range of diverse and intersectional identities. Through our **free media clips and downloadable teacher resources** we bring a taste of our face-to-face workshops to classrooms across the world.

The unique and powerful messages our Role Models share in these exclusive resources allow teachers anywhere to educate about identity, family, stereotypes, the impact of bullying, diversity, LGBTQ+ identities and how to embrace difference and include everyone.

## User Guide

- Please ensure you **check all resources for suitability before using them in your setting** to ensure they are age appropriate for your young people.
- Each Diversity Role Models video resource comes with an **overview, suggested age, theme outline and content notes for teachers**, as well as suggested questions and activities.
- For any 'third party' resources (those not owned by Diversity Role Models), please forward any queries directly to the author.

## Embracing Difference

### Mixed by Arree Chung

Jac and Olivia discuss the story 'Mixed' by Auree Chung. They ask each other questions about the story, discussing the characters and key points, making links to their own lives and experiences.

**Themes:** Different families, different characteristics, friendships, inclusivity, marriage



To watch the video



To access the accompanying resource



## Resources from other sources

### Love Is Love - A Pride Song For Kids

A short animated video from Hopster with a song for children showing diverse individuals and families.



### Rainbow Stories: Peter, Mark, James and Einstein

A short animated video adapted from one of our Role Models, produced by Hopster. It follows the experiences of a young boy being adopted by his two Dads.



## Diverse Families and Adoption



“ —  
**We are different, but have things in common.** |  
— George's Story — ”

George shares his story about how he met his husband and their journey to adopting their two sons. He talks about what makes his family unique and all the things his family enjoy doing together. He also talks about the importance of learning about different families.

**Themes: Same-sex families, adoption**



To watch the video

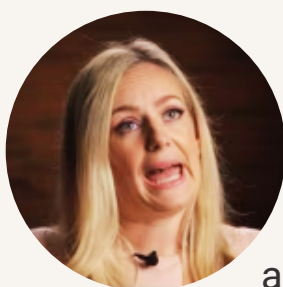


To access the Adoption resource



To access the Diverse Families resource

## Disability



“ —  
**Its ok to tell people if you need extra help.** |  
— Charlie's Story — ”

Charlie talks about how when she was younger she looked like other children her age but came to realise she had a non-visible disability. This made some things that she previously enjoyed doing, like dancing, more difficult. She discusses the adaptations that her friends and family made to make sure she could still be included.

**Themes: Disability**

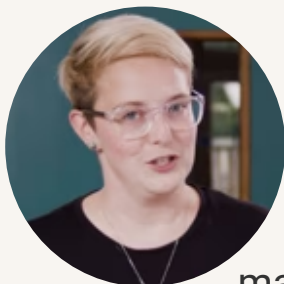


To watch the video



To access the resource

## Adoption



**“ I hope my daughter grows up embracing differences. ”**

-Emma's Story

Emma discusses how she always wanted to be a mum, but didn't know if she was going to be able to as she fell in love with a woman. After she and her wife Ann got married, they started considering options of how to become parents. They decided on adoption and adopted a little girl. She talks about all the things they do together as a family and what she hopes for her daughter as she grows up.

**Themes: Adoption, same-sex families**

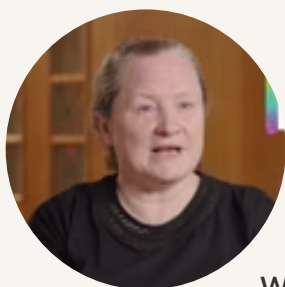


To watch the video



To access the resource

## Stereotypes



**“ My daughter can play football with whoever she wants. ”**

-Ann's Story

Ann shares her story of her time at school. She talks about how she was not allowed to play football with the boys. She discusses how it's important to not let stereotypes hold us back and how she's glad her daughter can now enjoy football because people see beyond those gender stereotypes.

**Themes: Gender stereotypes, adoption**

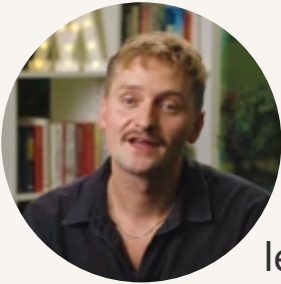


To watch the video



To access the resource

## Embracing Difference



“ —  
**Be proud of who you are.** |  
— —”  
-Jac's Story

Jac talks about his experiences in school of people having to hide who they are to fit in with others. He shares the lessons he has learnt and explains some of the wonderful ways people are different. He shares the importance of being proud of who we are and the importance of treating the people around us with respect and kindness.

**Themes: Unkindness, same-sex families, being proud of who you are**



To watch the video



To access the resource

## Bullying and Stereotypes



“ —  
**Anybody has the power to be an ally.** |  
— —”  
-Roz's Story

Roz shares the story of how some children were unkind to her at school because she didn't like the things the other girls liked and didn't behave like the other girls. She talks about a girl who stood up for her, who asked her about what she liked and became her friend. She also talks about the importance of being an ally and why we shouldn't stereotype people.

**Themes: Bullying, gender stereotypes**



To watch the video



To access the Impact of Bullying resource



To access the Gender Stereotypes resource

## Upstander Animation



**'Pause, Rethink, Rewind, Be Kind'**  
Prompting young people to 'Pause, Rethink, Rewind, Be Kind', each animated short video comes with an accompanying resource pack, filled with top tips and exciting lesson ideas to encourage young viewers to be an **'ally against unkindness.'**

### A Normal Family

**“Everybody's family is different. What's 'normal' to others might seem strange at first, but that's what makes getting to know each other so important.”**

"A Normal Family" is a part of Diversity Role Models Upstander Animation Series, aiming to empower teachers to foster empathy among their students and find the courage to combat unkindness.

#### Learning Objectives:

- Students can identify that no family is 'normal' as all families are different
- Students can name similarities and differences between families
- Students can give at least 2 examples of what they would do to be an upstander if they saw someone being unkind
- Students can explain how it would feel to be treated badly for having a different family



To watch the video



To access the resource



## Disability



“ —  
**You don't need sight to see someone for who they are.** |  
— ”

-Fern's Story

Fern discusses what growing up was like for her registered blind. Fern explains how Nancy her guide dog supports her in her day to day life. She talks about things she found difficult but also how she's learned to recognise her strengths and how she can help others.

**Themes covered: Disability**



To watch the video



To access the resource

## Diverse Families



“ —  
**None of my friends had two mums or two dads.** |  
— ”

-Jude's Story

Jude talks about her family and who is part of that family. She shares some of the activities they like to do together. She also explains that she and her wife both work for the NHS and how that organisation values diversity within their workforce. Jude also talks about growing up feeling different to others and how finding other people who felt the same as her had a positive impact on her life.

**Themes: Diverse families, same-sex families**

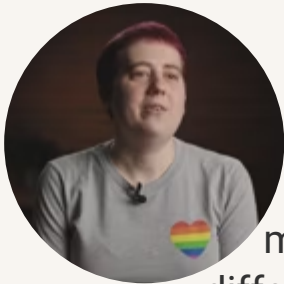


To watch the video



To access the resource

## Disability and Gender Stereotypes



“ **Include everybody, however different they are.** ”  
-Esther's Story

Esther discusses inclusion using her 'everyone is awesome' Lego set. She talks about how all people have many wonderful differences and discusses her own differences; one being that she has a hidden disability and how that impacts her life. She also discusses the gender stereotyping she faced at school as a girl with short hair who enjoyed maths and science. She discusses how her friends have helped to make her feel included.

**Themes: Disability, gender stereotyping, same-sex relationships**



To watch the video

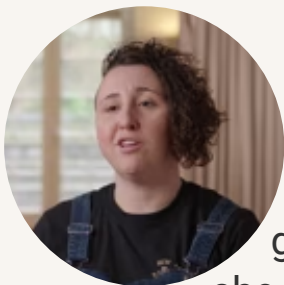


To access the Gender Equality resource



To access the Disability resource

## Gender Stereotypes



“ **I was told girls can't.** ”  
-Lindsey's Story

Lindsey shares her story about how she was told she couldn't do certain things because she's a girl and how gender stereotypes were harmful to her. She talks about how she now embraces who she is and is happy being her true self.

**Themes: Stereotypes**



To watch the video

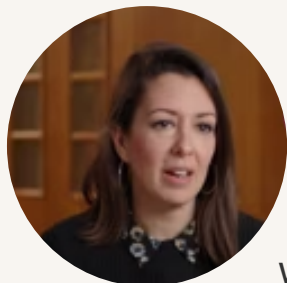


To access the Gender Equality resource



To access the Stereotypes resource

## Diverse Families and Prejudice Language



“ —  
**We should feel proud about our differences and  
the differences in others.** — ”

-Anna's Story

Anna shares the make-up of her family, talking about her wife, children and pets. She talks about the activities they do as a family and what makes her family diverse. She also discusses the difficulties in 'coming out' to her family when she was younger, some bullying incidents she faced and the importance of being a good friend to your 'chosen family'.

**Themes: Diverse families, prejudice Language, same-sex families**



To watch the video



To access the Diverse Families resource



To access the Prejudice Language resource

## Embracing Difference



“ **Be supportive and help people find their superpower.** ”

-Claire's Story

Claire talks about embracing her superpower with the help of her Mum and the people she works with. She explains her own difficulties in embracing what makes her different and the things that helped her to accept and love herself. Claire discusses what she thinks her Mum's superpower is and how important it is that we should all find our own superpowers.

**Themes: Same-sex relationships, disability, embracing your differences**



To watch the video



To access the resource

## Upstander Animation



**'Pause, Rethink, Rewind, Be Kind'**  
Prompting young people to 'Pause, Rethink, Rewind, Be Kind', each animated short video comes with an accompanying resource pack, filled with top tips and exciting lesson ideas to encourage young viewers to be an **'ally against unkindness.'**

### When I Grow Up

**"I should have said something. Eddie shouldn't feel embarrassed about his dreams."**

"When I Grow Up" is a part of Diversity Role Models Upstander Animation Series, aiming to empower teachers to foster empathy among their students and find the courage to combat unkindness.

#### Learning Objectives:

- Students can name what they would like to do when they're older and explain why
- Students can explain what a stereotype is and give at least one example of a stereotype
- Students can analyse the importance of challenging stereotypes and supporting others to be themselves
- Students can argue why stereotypes can be harmful

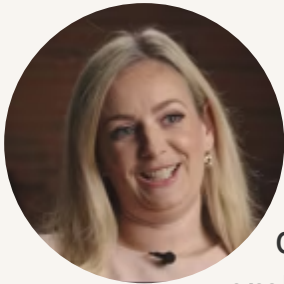


To watch the video



To access the resource

## Embracing Difference and Adoption/Fostering



“ **Learn about others and what makes them special.** ”  
-Charlie's Story

Charlie talks about her foster family and the challenges of moving home to live with a new family. She explains her difficulties in trying to fit in and not being able to accept or embrace her differences or the differences in others. Charlie discusses what helped her to embrace her true self and how this has helped her in her adult life.

**Themes: Fostering, families, wellbeing, embracing your true self**



To watch the video



To access the Adoption/Fostering resource



To access the Embracing Difference resource

## Race and Intersectionality



“ **My teachers didn't know I was bullied every day.** ”  
-Carole's Story

Carole experienced bullying for her skin colour, weight, and being from a single-parent household. She talks about the bullying she experienced, the impact it had on her, and the importance of telling an adult about bullying.

**Themes: Bullying, racism, wellbeing**

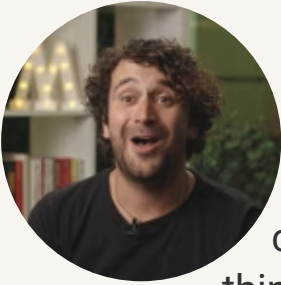


To watch the video



To access the resource

## The Impact of Bullying



“ **It's important to be kind and support your friends.** ”  
-Jamie's Story

Jamie shares his story about not fitting in at school as he grew up. He talks about how as he got older his interests changed and no longer wanted to play the 'stereotypical boy things' and instead wanted to play 'stereotypical girl things'. He talks about how some children in his school started to bully him for this difference. He also talks about how no one stood up for him and the importance of being kind and showing support for your friends.

**Themes: Bullying, LGBTQ+ identities, allyship**



To watch the video



To access the resource

## Race and Intersectionality



“ **Allyship means being a good friend.** ”  
-Nimerta's Story

Nimerta experienced racist stereotypes and homophobic language at school. She talks about finding a community, standing up for each other, and embracing your own differences and identity.

**Themes: Bullying, racism, allyship, LGBTQ+ identities**



To watch the video



To access the resource

## Gender Equality and Gender Stereotypes



“ —  
**I found people who were supportive.** |  
— Justin's Story — ”

Justin shares his experience of attending an all-boys school and how seeing all the other boys liking similar things made him feel different. He describes how he felt he had to act in a certain way in order to fit in, even though this didn't make him feel happy. Justin explains how when he grew up he found people that were supportive of him not behaving like 'a typical boy'. This meant that he could begin to explore who he was. Some of the things that made him happy were dressing how he wanted, cutting his hair how he liked and realising that he liked boys.

**Themes: Gender stereotypes, same-sex relationships**



To watch the video



To access the resource

## Gender Diversity



“ —  
**All of us have a lot of differences.** |  
— Robert's Story — ”

Robert knew he was transgender from an early age, but didn't tell anyone because he didn't know there was a word for how he felt. Other children made him feel bad for being different, but he realised that difference is a good thing and learned to be proud of who he is.

**Themes: LGBTQ+ identities, gender stereotyping, embracing difference**



To watch the video



To access the resource



## Diverse Families



**“ We all have the right to equality. ”**

-Smudge's Story

Alastair (who's nickname is Smudge) talks about the diversity within his family and about the different members of his extended family. He also talks about the difficulty of not 'fitting in' when he was younger, his identity and the homophobic bullying he received when he came out to people he thought were his friends.

**Themes: Diverse families, same-sex families, disability, bullying**

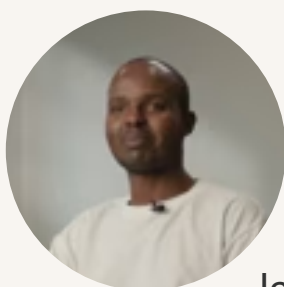


To watch the video



To access the resource

## Migration



**“ It was difficult to leave my mum and siblings. ”**

-Abdi's Story

Abdi talks about growing up in Somalia then having to leave as a refugee because of war. He moved to The Netherlands, then to the UK and he speaks about having a language barrier and having to find other ways to fit in. Abdi wanted a feeling of belonging and to feel like a normal teenager, and he encourages us to help people that want that feeling of belonging too.

**Themes: Being a refugee, having a language barrier and being inclusive**



To watch the video



To access the Migration resource



To access the Creating A Diverse School resource

## LGBTQ+ History and Rights



“ —  
**I thought I would never be able to get married.** |  
— ”  
-Simon's Story

Simon talks about how he realised he was gay in Sixth Form but he didn't want to admit this to himself or others. He was scared to come out and this impacted his relationships. Simon recalls how he felt awkward at weddings because he thought that, as a gay man, he could never marry. He talks about how he met his partner in a cafe and he gave him the confidence to come out. In time, the law changed and Simon was able to marry his partner.

**Themes: LGBTQ+ identities and same-sex marriage**

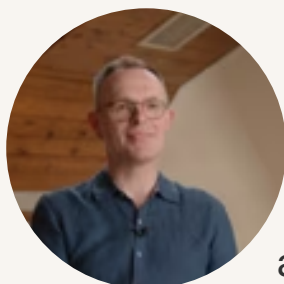


To watch the video



To access the resource

## LGBTQ+ History and Rights



“ —  
**I didn't like the things I was suppose to like.** |  
— ”  
-Paul's Story

Paul shares his story about his civil partner, their daughter and their grandchildren. He shares how he felt different from a young age and when he was in high school he realised he was gay and how he later came out to his friend Sheena. Paul is a vicar in the Church of England and talks about the importance of being kind and having courage.

**Themes: LGBTQ+ identities, bullying and diverse families**



To watch the video



To access the resource

## LGBTQ+ History and Rights



“ —  
**I knew I was different, but I didn't know why.** |  
— ”  
-Tilla's Story

Tilla talks about some of the challenges she faced growing up and how she struggled to make friends and be herself. She ended up joining the Navy and when her friend in the Navy came out to her, she came out to the friend too. It was illegal to be gay in the Navy at the time and she lost her job. She encourages people to be themselves and share this with a trusted person.

**Themes: LGBTQ+ identities, discrimination in the armed force**

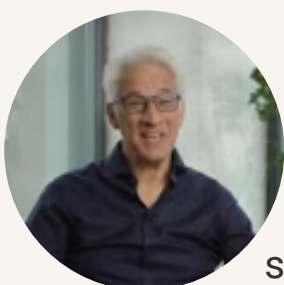


To watch the video



To access the resource

## Creating an Inclusive School



“ —  
**Each one of us matters for who we are.** |  
— ”  
-Steve's Story

Steve is the founder of a charity called 'Oasis'. He talks about the aims of Oasis, which include creating a safe space in schools where children feel able to ask questions and don't pick on other people for being different from them (different skin colour, height, sexuality etc). He is also a Reverend and shares how proud he was to have officiated the marriage of two of his friends Ben and Jacob.

**Themes: LGBTQ+ identities, same-sex marriage, diversity, and the importance of being inclusive.**



To watch the video



To access the resource

## Upstander Animation



**'Pause, Rethink, Rewind, Be Kind'**  
Prompting young people to 'Pause, Rethink, Rewind, Be Kind', each animated short video comes with an accompanying resource pack, filled with top tips and exciting lesson ideas to encourage young viewers to be an **'ally against unkindness.'**

### What Do You Think?

“ — **All this talk about who can and can't do what, it hurts everyone.** — ”

"What Do You Think?" is a part of Diversity Role Models Upstander Animation Series, aiming to empower teachers to foster empathy among their students and find the courage to combat unkindness.

#### Learning Objectives:

- Students can explain how it can feel for someone to witness or experience prejudice
- Students can define the term 'transgender'
- Students can provide at least one way they could be an upstander to the LGBTQ+ community
- Students can analyse the importance of challenging stereotypes and give at least one example of a stereotype and how to challenge them



To watch the video



To access the resource

## Building Inclusion Through Play

### Minifig Careers Fair

#### About this activity:

In this Learning Through Play Activity pupils will make a minifigure that represent a certain job role. Once they have completed the activity, there is an opportunity to discuss any stereotypes present, any builds that break stereotypes, and the dangers of stereotyping and making assumptions. Follow-up activities allow pupils to take the learning from this activity to design their own minifigure that breaks stereotypes linked to job roles, families and hobbies.

#### Themes: assumptions, stereotypes, respecting difference

The classroom video guides pupils through our minifigure activity themed around stereotyping linked to job roles. Pause the video at any point to clarify any instructions.

**Please ensure the class teacher has reviewed the video and assessed its suitability for the class and watched the teacher instruction video provided in advance.**



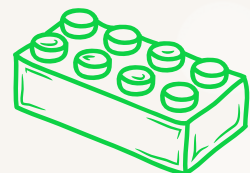
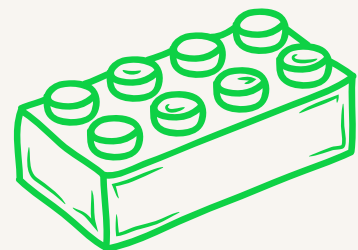
To watch the teacher instruction video



To watch the classroom video



To access the resource



## Building Inclusion Through Play

### Back to Back

#### About this activity:

In this Learning Through Play Activity pupils will stand back to back and try to copy the design of their partner's block of six bricks, following verbal instructions only.

The activity demonstrates the challenges we can have in making accurate representations when we have limited information. It shines a light on how easy it is to make assumptions and can open up conversations around the pitfalls of stereotypical thinking.

#### Themes: assumptions, stereotypes, communication

The classroom video guides pupils through our Back to Back activity themed around assumptions, stereotypes and communication. Pause the video at any point to clarify any instructions.

**Please ensure the class teacher has reviewed the video and assessed its suitability for the class, and watched the teacher instruction video provided in advance.**



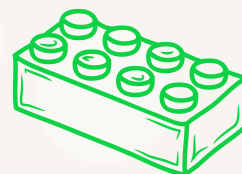
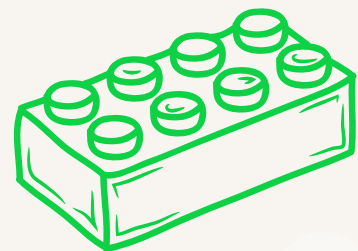
To watch the teacher instruction video



To watch the classroom video



To access the resource



## Building Inclusion Through Play

### Making History

#### About this activity:

Our LGBT+ History Month 2025 'Building Inclusion Through Play' activity is aligned to the year's theme of Activism and Social Change. This dynamic activity highlights significant individuals and events from LGBTQ+ history while providing a creative way to bring these stories to life using LEGO bricks. A detailed overview of all the resources needed to successfully carry out this activity is explained in the teacher video below.

**Themes: LGBTQ+ history, inclusion, marriage, human rights, adoption, different families**

The classroom video provides a step-by-step guide for young people to engage in the activity. It provides ideas and examples for the activity and leads them through the lesson.

**Please ensure the class teacher has reviewed the video and assessed its suitability for the class, and watched the teacher instruction video provided in advance.**



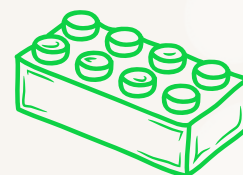
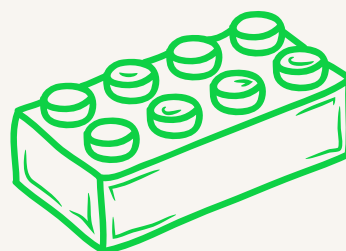
To watch the teacher instruction video



To watch the classroom video



To access the resource




# Diversity Role Models - Further Support

We are a dynamic charity whose vision is a world where everyone embraces diversity and can thrive. Our mission is to promote understanding and acceptance of individual differences and end bullying in schools.

We have a range of services to support schools on their equality, diversity and inclusion journey.

Click on the links below to find out more.

 [\*\*Primary Student Workshops\*\*](#)

 [\*\*Staff Training\*\*](#)

 [\*\*Parent and Carer Training\*\*](#)


 [\*\*Governor Training\*\*](#)


 [\*\*Volunteer With Us\*\*](#)



# Contact Details


## Get in touch

 [Contact us via our website](#)


 Contact us via email at: [education@diversityrolemodels.org](mailto:education@diversityrolemodels.org)


## Find us online


 [www.instagram.com/diversityrm](http://www.instagram.com/diversityrm)


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 <https://twitter.com/DiversityRM>

 [www.youtube.com/@DiversityRoleModels](http://www.youtube.com/@DiversityRoleModels)

 <https://vimeo.com/ondemand/diversityrolemodels>

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 [www.linkedin.com/company/diversity-role-models](http://www.linkedin.com/company/diversity-role-models)

## Find out more

 [www.diversityrolemodels.org](http://www.diversityrolemodels.org)

